

The Maha Prajnaparamita Hridaya Sutra

The Essence of the Perfection of Understanding
Logos of the Heart / Heart Sutra (English)

THE BODHI SATVA OF GREAT COMPASSION FROM THE DEEP PRACTICE OF PRAJNA PARAMITA PERCEIVED THE EMPTINESS OF ALL FIVE SKANDHAS AND DELIVERED ALL BEINGS FROM THEIR SUFFERING.

OSARIPUTRA, FORM IS NO OTHER THAN EMPTINESS, EMPTINESS NO OTHER THAN FORM. FORM IS EMPTINESS, EMPTINESS FORM. THE SAME IS TRUE OF FEELING, THOUGHT, IMPULSE AND CONSCIOUSNESS.

OSARIPUTRA, ALL DHARMAS ARE EMPTINESS. THEY ARE NOT BORN NOR ANNIHILATED. THEY ARE NOT DEFINED NOR IMMEDIATE. THEY DO NOT INCREASE OR DECREASE, SO IN EMPTINESS NO FORM, NO FEELING, NO THOUGHT, NO IMPULSE, NO CONSCIOUSNESS.

NO EYE, EAR, NOSE, TONGUE, BODY, MIND; NO FORM, SOUND, SMELL, TASTE, TOUCH, OR OBJECTS OF MIND NO REALM OF SIGHT; NO REALM OF CONSCIOUSNESS.

NO IGNORANCE, NOR EXTINCTION OF IGNORANCE, NO OLD AGE AND DEATH, NOR EXTINCTION OF THEM.

NO SUFFERING, NO CAUSE OF SUFFERING NO CEASE OF SUFFERING, NO PATH TO LEAD OUT OF SUFFERING; NO KNOWLEDGE, NO ATTAINMENT, NO REALIZATION FOR THERE IS NO THING TO ATTAIN.

THE BODHI SATVA HOLDS ON TO NOTHING BUT PRAJNA PARAMITA THEREFORE HIS MIND IS CLEAR OF ANY DELUSIVE HINDRANCE. WITHOUT HINDRANCE THERE IS NO FEAR, A WAY FROM ALL PERVERTED VIEWS HE REACHES FINAL NIRVANA.

ALL BUDDHAS OF PAST, PRESENT, AND FUTURE THROUGH FAITH IN PRAJNA PARAMITA ATTAIN TO THE HIGHEST PERFECT ENLIGHTENMENT.

KNOW THEN THE PRAJNA PARAMITA IS THE GREAT DHARANI, THE RADICANT PEERLESS MANTRAM, THE UTMOST SUPREME MANTRAM, WHICH IS CAPABLE OF ALLAYING ALL PAIN, THIS IS TRUE BEYOND ALL DOUBT.

PROCLAIM NOW THE HIGHEST WISDOM, THE PRAJNA PARAMITA:

GA TE GA TE PA RA GA TE PA RA SAM GA TE BODHI SVA HA!

GA TE GA TE PA RA GA TE PA RA SAM GA TE BODHI SVA HA!

GA TE GA TE PA RA GA TE PA RA SAM GA TE BODHI SVA HA!

Translated: Gone, gone, gone to the other shore,
safely passed to that other shore!